



Home care Instructions

We are delighted that you have chosen our office for your root canal therapy. Thank you for allowing us to provide your care. We sincerely hope your experience with us was pleasant.

Please read and follow these post-operative instructions.

1. A mild toothache is normal for the first 24 hours, and you may experience tenderness for several days. Although tissue is no longer within your tooth, the ligaments which secure the tooth in the bone remain living and may cause the tooth and area to be sore following treatment.
2. Avoid chewing on the tooth for several days. Your tooth and the surrounding tissues are still healing.
3. Generally, over-the-counter analgesics (pain relievers) will alleviate your temporary discomfort. If a prescription medication has been given, please take it as directed by our doctors.

Adult Dosages for Over-the-Counter Analgesics

Tylenol: 2 extra-strength (500mg) three to four times per day or
2 regular-strength (325mg) tablets every 6 hours

Please use Tylenol if you are Aspirin or Ibuprofen sensitive

Advil/Ibuprofen/Motrin: 3-4 tablets (200mg each), totaling 600-800 mg every 6 hours

Aspirin: 1 tablet (325mg) every 6 hours

Please take over-the-counter analgesics with food to avoid stomach irritation

You should consult one of our doctors or your pediatrician before dispensing any medication to minor children

4. If you develop significant pain or swelling, please call our office at 610-543-2288. After hour calls will be taken by our answering service and one of our doctors will be contacted.
5. If you have another appointment scheduled to finish your root canal treatment.....our office will be calling you shortly before your next appointment to confirm your reserved time.
6. If your root canal treatment is completely finished.....remember that although the root canal system is permanently sealed, the opening made in your tooth to perform the treatment is sealed with a temporary material. This will last 2-4 weeks. A permanent crown or filling is required to ensure successful treatment. **Please schedule an appointment with your general dentist within 2-4 weeks for placement of a permanent restoration.** Failure to complete this important step may result in the need for additional treatment or result in the loss of your tooth.

Thank you again for allowing us to provide your endodontic care.